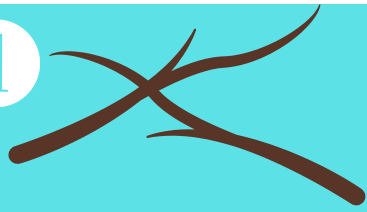


1



Write with sticks in the dirt, mud, & sand! Write big or write small to build start, sequence, orientation, and control! Plus it erases easy!

2



Climb, swing, lift, carry, and hang from and with trees & branches. This big movement builds important core strength, shoulder stability, grip strength, body awareness, and coordination. These are essential foundations for handwriting skills!

5 WAYS TO BUILD HANDWRITING SKILLS OUTDOORS

3



Collect leaves. String, sort, rip, snip, and hole punch them! This fine motor work will build needed precision skills for controlled handwriting.

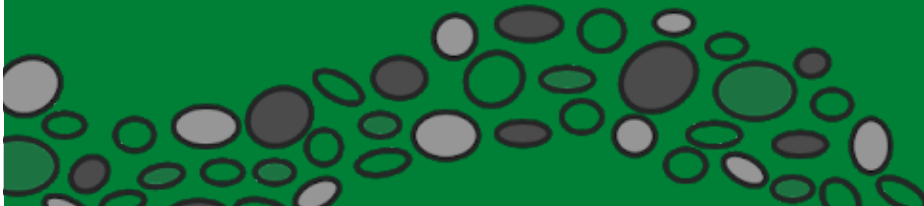
4



Write with charcoal on sticks, stones, or stumps. The small pieces build grip skills, help with grading pressure, and allow for more precise writing.

5

Use water (or mud) and a paint brush (or your finger) to make shapes, letters, and designs on smooth stones. Work on individual letters or build names, words, and sentences to address memory, left-to-right writing, and word spacing.



Treeline Enrichment builds **Strong, Confident, Coordinated, & Connected** kids through outdoor occupational therapy groups and TimberNook nature play experiences.